

CONTACT



ST MOLUA'S

PARISH OF STORMONT

stmoluasonline.com

AUTUMN 2024

**AUTUMN DAYS:
I MUSTN'T FORGET
TO SAY A GREAT BIG
THANK YOU!**

Church Services

Sundays

@ 10.30am Morning Worship

For all service details, see **weekly
Pew News sheet**

@ 6.30pm Cafe Church (except 2nd
Sundays - Messy Church)

Wednesdays

@ 10.30am Holy Communion
(BCP Order One)

Keep up to date with our website:

stmoluasonline.com

Sunday morning services are also broadcast live on Facebook, and will be uploaded later in the day to our website. You can also listen to the service by ringing the dedicated phone line on 028 9124 9396 (local rate call). Your call will be answered with an automated message confirming that you are through to St Molua's and that the service will start shortly. Please note that it may take half a minute or more for the audio to start playing.



During the vacancy
**details of Clergy
providing pastoral
cover will be on the
Parish Office
answerphone.**

CONTACT DETAILS

Church Office:

028 9041 9171

**Parish office open
Wednesdays from
10am-12noon (during
term time)**

St Molua's Church,
645 Upper Newtownards Road,
Belfast BT4 3LR

stormont@down.anglican.org

Select Vestry 2024/25

Sharon Beck (Rector's Churchwarden,
Gift Aid Secretary and Data Manager)

David Blemings (Rector's Glebewarden)

Grace Blemings (Hon. Treasurer)

Sylvia Clarke

Frances Hastie (People's Glebewarden
and Hon. Secretary)

Denis Hill

Jean Hill (People's Churchwarden)

Winnie Hill

Margaret Jackson

Heather Loughridge

Caroline McCartney

Helen Poots

Malcolm Stanley (Asst. Treasurer)

Edwina Tester

David Watkins

Valerie Watkins

What's on

During term-time



ST MOLUA'S

PARISH OF STORMONT

Sunday

10.30am Morning Worship (with J.A.M.)

4-6pm Messy Church (2nd week each month)

6.30pm Cafe Church (weekly, except 2nd week)

Monday

10am Little Angels Toddler Group

6pm Zumba with Gill

Tuesday

10am Men@10 (1st & 3rd week)

7.30pm Badminton

7.30pm Parish Prayer Time (3rd week)

8pm Healing Service (1st week)

Wednesday

10.30am Holy Communion

2.30pm Craft & Chat (1st & 3rd week)

7.30pm Stormont Community Choir

7.30pm Dundonald Arts Club (1st & 3rd week)

Thursday

2.30pm Ladies Guild (2nd & 4th week)

7pm Zumba with Gill

Saturday

10am Sole Mates Walking Group (3rd week)

12noon Souper Saturday Lunch (2nd week)

For more information see: stmoluasonline.com



The Rector writes...

Dear friends,

I'm sure you're all aware by now that I will be moving on to pastures new in September as I have been appointed as the new Rector of Belvoir Parish. I made the announcement in church at the end of June with mixed feelings, as I have dearly loved being your rector for the past 7 years, yet when God calls, in faith we have to answer. We are excited at what the future will bring as we step out on this next stage of our journey.

It has been an absolute privilege to be your rector, sharing in your joys and sorrows, and learning together as we seek to follow God in this parish. I hadn't been looking for a new position, but an approach and series of conversations led me to pray and seek guidance over this. As God spoke to me in many ways, it became more and more apparent as time went on that I should put my name forward for consideration. Praying and fully trusting in God no matter the outcome, I entered the process, and was appointed.

My last Sunday in St Molua's is 15th September and my institution is on Wednesday 18th September at 7.30pm. You would be very welcome to come along to Belvoir that evening.

When I wrote the words 'Bloom where you are planted' in the last edition of Contact, I didn't know that I would be moving on to a new parish. Sometimes we may be in places for a particular season, and God urges us to take root, be faithful and do our best for that period. As I said, we have very much loved being here in Stormont, and over the past 7 years (sticking with the gardening theme!) there has been much preparation, sowing, planting, nurturing, watering, feeding and pruning as we have journeyed and grown together.

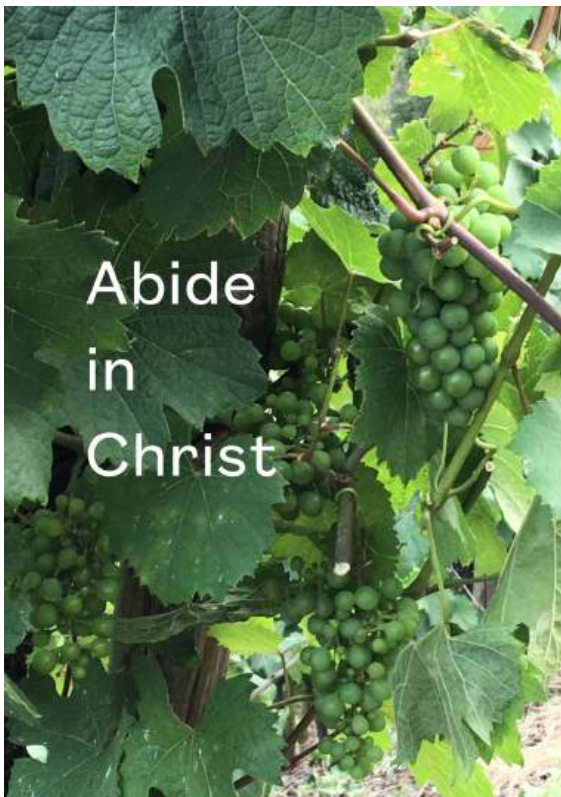
When we moved to the Rectory my mum gave us a camellia that we planted in the front garden, but it didn't seem to do anything at all. Therefore we decided to move it, which then meant there was more space for the other plants to flourish - and the camellia started to grow in its new space.

Sometimes plants need to be moved to enable them to shoot and grow, and sometimes the space needs to be cleared to enable others to grow. I thought of this as I now plan to move on, and give thanks that St Molua's is full of very able and gifted people, growing in their faith. There are many stories of churches flourishing during vacancy periods as people step up into new roles - during an interregnum it is 'all hands on deck' as everyone is called to help out, ensuring the smooth running of the church. There have been articles in Contact magazine - our Sunday series 'The Generosity Initiative' with Keith Gardiner - the parish vision process with Archdeacon Mark - and numerous(!) sermons that have all encouraged you to prayerfully consider your ways to serve.

If you haven't yet considered what area of ministry the Lord is calling you to, do take time in prayer and ask him, "Lord, what do you want me to do for you, and your church, especially in this season?"

Some people have asked me 'what are we going to do now?'

My answer is that just as God has a new plan for Belvoir Parish, God has new plans for St Molua's - and you may be a key part of those plans.



God has a plan - be part of it.

He is in control.

Stay joined to Jesus, and follow the Lord where he leads.

We would appreciate your prayers as we make our move to a new parish, and we will be praying for you as you enter this vacancy period. Belvoir is in the same area deanery, so I'm sure we'll see you from time to time!

Thank you all for your partnership in this part of our journey. We take away many fond memories - thank you for your friendship. May you be richly blessed by God in all that lies ahead.

With love and very best wishes,

Emma



From Matthew...

On behalf of the Tullycarnet Church Plant, I would like to extend our thanks to Emma for her ministry among us and encouragement over the last few years. Emma has been a keen advocate for the work in Tullycarnet, praying for us, offering practical support and helps, as well as providing a listening pastoral ear when ministry hasn't been so easy. She has also offered wise counsel, drawing on her rich experience working in Glencairn. She will be greatly missed, and we are praying God's richest blessings upon her new ministry in Belvoir Parish.

Our Church Plant recently took a team of young adults to serve with Stepping Stones Missions in Romania. This is a project that works with Turkish Gypsies who live in extreme poverty. As part of this trip our team helped deliver a summer kids camp for street children, participated in home visits to local families struggling to make ends meet, and supported the project's new safehouse for girls trapped in drug addiction and prostitution. We also partnered with the local Church and had the opportunity to share with a local congregation on two occasions.

As part of this team, each member was required to attend Church weekly as well as a weekly discipleship group (since January). As the Church Plant leader, it was especially humbling and encouraging to see two relatively new local Christians participating in the trip, using their gifts and growing in confidence.

It is my hope that we will be able to establish a partnership with this organisation and the local Church in Romania.

TULLYCARNET
CHURCH

MATTHEW GAULT
Church Plant Leader - Church of Ireland

07828694812
Tullycarnetchurch@icloud.com
www.tullycarnetchurch.com

Matthew will join us at
Café Church at 6.30pm
on
Sunday 8th September,
to give us an update on
Tullycarnet Church.
Everyone Welcome!

Celebrations as new bicycles arrive in Maridi



Bishop David, in April of this year, launched a fundraising appeal following his visit to Maridi and the realisation that a lack of suitable transport was the biggest obstacle to ministry that Bishop Moses' clergy faced.

At Diocesan Synod it was announced a fantastic amount of £36,782.32 was

raised by 63 parishes – enough to purchase 100 bikes for priests and 10 motorbikes for the archdeacons who visit multiple parishes. The motorbikes will arrive later this month. All of the new transport has been purchased in the country.

In a short video message Bishop Moses said:

“We are so grateful to the Diocese of Down and Dromore and to Bishop David. Thank you very much from the Diocese of Maridi.

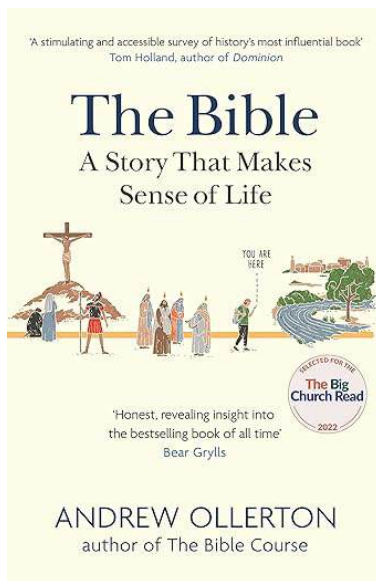
“Today we are celebrating, and you have kept your word and you have given us support in the ministry. The priests in the Diocese of Maridi today have received bicycles. This is a great support that is the real partnership. I thank all of you – all the parishes which have contributed - for giving these bicycles to the Diocese of Maridi.



“We pray that the partnership between the Diocese of Maridi and the Diocese of Down and Dromore will continue, not only in the form of things, but in our fellowship.”



Bookworm



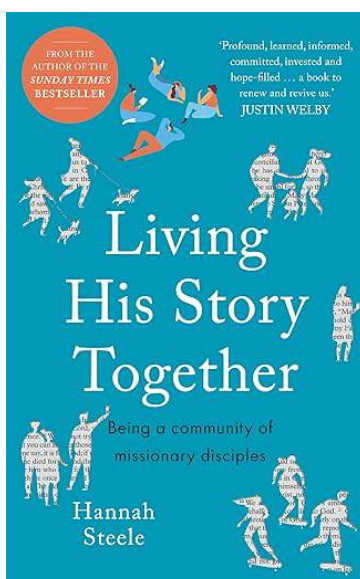
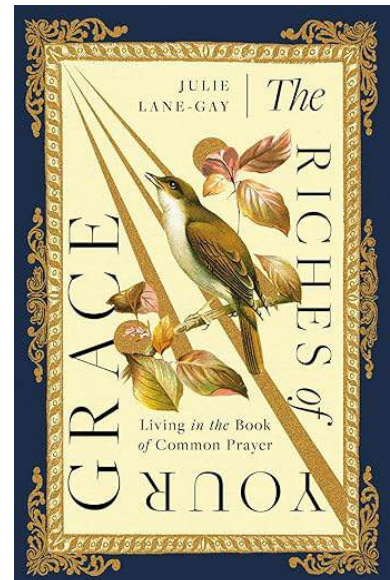
The Bible: A story that makes sense of life. Andrew Ollerton, Hodder & Stoughton, December 2021

A book for Christians and Christian leaders as well as for those just wanting to know more about the Bible.

The author explores the storyline of Scripture, connecting six major biblical events with six definitive human needs: for meaning, freedom, peace, community, love and for an ultimate home. In short, digestible chapters he reveals how the Bible story makes sense of our human story. This is suitable for individuals or for group study.

The Riches of Your Grace: Living in the Book of Common Prayer. Julie Lane-Gay, IVP, June 2024

For anyone who loves the Book of Common Prayer this is a beautiful story from a Canadian woman who discovered as an adult that this 500 year old book is a precious gift. "The language is old, and the prayers are set, but the prayer book has been constant in showing me God's tender understanding of my heart and in conveying His loving character and steady presence." "I fell into the prayer book and stayed. The more it pulled me closer to God, to the love of Christ, I didn't want to let it go."



Living His Story Together. Hannah Steele. SPCK June 2024

Following her earlier book **Living His Story** about personal evangelism, the author here discusses the role of the church as a missionary community. Setting out the biblical mandate for this great command she offers many imaginative and innovative ways in which we can engage with our neighbours, along with real life examples from churches who have taken up the challenge.

PRAYERS



The Church is full of people
in the Autumn of their years.
Some have led colourful lives
leaves bronzed and golden
through exposure to the elements,
their appearance the centre of
attention.

Others have been exposed
to more extreme conditions
branches bowed and scarred.
Some go unnoticed,
yet stand tall and steadfast
against wind and rain.
All have a story to tell
all can offer support and shelter
for saplings which grow beneath their
leafy canopy.



*Creator God, forgive our moments of
ingratitude,
the spiritual blindness that prevents
us from appreciating the wonder that
is this world,
the endless cycle of nature,
of life and death and rebirth.
Forgive us for taking without giving,
reaping without sowing.
Open our eyes to see
our lips to praise
our hands to share
May our feet tread lightly on the path
we tread and our footsteps be worthy*

*of following
for they lead to you.*

We bless you,
God of Seed and Harvest
And we bless each other
That the beauty of this world
And the love that created it
Might be expressed through our lives
and be a blessing to others

Now and always. Amen



*For those weighed down by ill health,
bring wholeness to body, mind and
spirit.*

*For those weighed down by worry,
bring wisdom, peace and
reassurance.*

*For those weighed down by fear,
bring freedom, release and liberation.*

*For those weighed down by sadness,
bring comfort, strength and joy.*

May the guiding hand of God
lead you from the busyness
and stress of your daily life
to a quiet place, still waters
where you can rest awhile,
and in that space find peace.

thanks to faithandworship.com



SMALL GROUP LEADERSHIP

TRAINING COURSE:

A 3 evening course on how to be an effective group leader -useful for anyone leading a home group or bible study.

3rd, 4th and 5th Sept.

 A large photograph of a diverse group of people of various ages smiling and waving. Overlaid on the image is a large white rounded rectangle with the text 'Everybody Welcome!' in a large, black, handwritten-style font. Below this, in a smaller black font, is 'PRACTICAL ONE-OFF TRAINING EVENINGS FOR EVERYONE ON HOW TO BE A WELCOMING CHURCH'. There are three smaller white rounded rectangles containing text and a QR code.

Everybody Welcome!
PRACTICAL ONE-OFF TRAINING EVENINGS FOR EVERYONE ON HOW TO BE A WELCOMING CHURCH

You can make the difference!
Imagine if our churches were seen more by people as places of welcome and belonging?
Imagine the growth if just 10% or 20% of visitors joined?

These one-off free training evenings will offer practical ideas and experience on how to be a welcoming place and welcoming people. *It is for church members of all ages and backgrounds* because it is **you** that can be the difference that makes a welcoming church.

Choose from any one of the venues below. From 7:00-9:30pm.

Tues 10th Sept	Dromara Dromore St, Dromara
Wed 11th Sept	Sydenham Larkfield Rd, Belfast
Thur 12th Sept	Lurgan Sloan St, Lurgan

Scan this code with your phone to book a place

WELCOME TRAINING EVENING (3 date choices available): A fun and interactive evening for anyone that would like to learn different ways a church can be more welcoming -open to parishioners of all ages who have a heart for welcome. **10th, 11th and 12th Sept.**

YOUTH AND CHILDREN'S LEADERS RESOURCE EVENINGS (2 date choices available)
An evening of fellowship and practical resourcing for your youth and children's leaders. **18th and 19th Sept.**

BIBLE TEACHER INFORMATION EVENING: A Zoom session to introduce the new Commissioned Bible Teach/Catechist course and other training options such as Diocesan Reader and Evangelist training courses. **25th Sept.**

INTRODUCTION TO PROMOTING GENEROSITY: An introduction evening on resources that will help church members and leaders promote generosity in their parishes. **3rd Oct.**

CHRISTIANITY / HOPE EXPLORED TRAINING SESSIONS: We're welcoming Jubi de Silva, the International Training Director for Christianity Explored to provide training on how to effectively run these 2 resources. **2nd Oct.**

DIOCESAN BIBLE COURSE - 1 YEAR COURSE (1st module)

A 1-year version of the Bible Course involving 3 modules of 10 weeks each. It's open for people of all backgrounds as no prior learning is needed. **Wednesdays from 9th Oct.**

PRAYER MINISTRY TRAINING DAY (WITH NEW WINE)

A day of prayer ministry training that includes biblical teaching and practical guidelines that will equip you to be intentional about praying for others as Jesus prayed. **12th Oct.**

INTRODUCTION TO PASTORAL VISITING -FOR LAY PEOPLE (3 date choices available)

This invaluable training roadshow will introduce church members to the principals and practice of pastoral visiting as well as basic Adult Safeguarding. **14th, 15th, or 16th Oct.**

FOUNDATIONS IN PASTORAL CARE COURSE (WITH ACC):

A six session course with the Association of Christians in Counselling. Application separately through the brochure details below and a subsidy available for the course fees. **10th Sept - 19th Oct**

Foundations in Pastoral Care



acc

Association of
Christians in Counselling
and Linked Professions



A 6-session course that supports the development of firm foundations for the practical provision of pastoral care with others

2024 Autumn Dates

Tuesday 10 September, 7pm - 9.15pm
Saturday 14 September, 10am - 12.15pm
Saturday 28 September, 10am - 12.15pm
Tuesday 1 October, 7pm - 9.15pm
Tuesday 8 October, 7pm - 9.15pm
Saturday 19 October, 10am - 12.30pm

Cost £80

Venue

Carnmoney Presbyterian Church
258 Carnmoney Road
Newtownabbey
BT36 6JZ



Follow [this link](#) to book

If you would like to discuss the course before booking, please contact Jean Pillar at jean.pillar@acc-uk.org or 07590 109 699.

This course tends to get booked up quickly; please book early to avoid disappointment.

What topics will be covered?

- the breadth of pastoral care
- what makes a good pastoral carer
- the complexities of pastoral care
- effective listening
- wellbeing in pastoral care (including caring for ourselves and boundaries)
- practising safely (including confidentiality and reflecting on our actions)

What will the course be like?

The course is led by an experienced ACC trainer who will guide you through interactive teaching and facilitate activities that give practical experience of core pastoral care skills.

This will give a safe space to share experiences, be inspired by others and grow in your God-given ministry, supported by scripture, prayer and personal reflection.

Who is encouraged to join?

Individuals who are new to pastoral care and those with prior experience who wish to affirm their own understanding of this ministry or have not had the opportunity to attend a pastoral care training course before.

A workbook will accompany the course and a certificate of attendance will be available after attending all sessions.

The development of this course is funded by



Little Angels

Toddler Group



*** BACK ON 9TH SEPTEMBER 2024***

FUN

CRAFTS

PLAY

SNACKS

£1 PER ADULT

CHILDREN FREE

EVERYONE

WELCOME

MONDAYS

DURING TERM-TIME

10 - 11.30am



ST MOLUA'S

PARISH OF STORMONT

645 UPPER NEWTOWNARDS ROAD
BELFAST
BT4 3LR

STMOLUASONLINE.COM

LAUGHTER LINES 🙄

J E S U S
L O V E S Y O U



Wendy checked the message on her mobile

A vicar entered a Christian bookshop to buy a popular book title. "Do you have 'Time to Embrace' please?" he asked. The astonished elderly lady assistant responded by slapping him across the face.

A six-year-old girl was taken by her Grannie to a very 'high' Anglican church. Afterwards she tried to explain to her father what it had been like. "They tried to run us out – they brought in a smoke bomb and shook it at all the people in the front row. But Grannie wasn't scared one bit. We stayed until the very end."

The minister went to the bank and asked for a statement of his account, adding: "We want to know

how far afield we can go for our holiday." Handing him his statement the cashier enquired very gently: "Have you got a field at the back of your garden, sir?"

A South London clergyman who was appointed to another living received a letter from a firm of furniture removers. It assured him: "Dear Sir, we would like to remove you. In the last year we have removed 40 South London clergymen, to the entire satisfaction of all concerned."



"How thoughtful, wearing something all the wedding guests could shelter under in case of rain."

Little Raymond came home beaming from Sunday School. "The teacher said something awfully nice about me in his prayer this morning. He said, 'O Lord, we thank thee for our food and Raymond.'"



At St Molua's our Sunday school is called **JAM - Jesus and Me**. Starting 8th September 2024.

Everyone meets in church for our regular morning service, and at an announced part of the service, the JAM leaders and children will leave for their activities in the Parish Hall.

JAM has a dedicated team of volunteers and each week the children will sing songs, play games, have age-appropriate teaching from the Bible, enjoy a colouring / craft activity and prayer time.

Children will stay in **JAM** until parents/guardians collect them after the church service. Coffee is served each week in the Parish hall after the service - everyone welcome!

Stormont Community Choir

*No auditions -
just fun and friendship.
All ages welcome!*

Starting 25.9.24

*Wednesdays
7.30-8.30pm
Tea/coffee from 7pm*



ST MOLUA'S

PARISH OF STORMONT

For more information see: stmoluasonline.com

**Parish of Stormont - St Molua's Church
& The Church's Ministry of Healing**

invite you to a monthly

HEALING SERVICE

First Tuesday

of each month

Next: 3.9.24 at 8pm

Come for yourself or for others ~ Everyone welcome



ST MOLUA'S WALKING GROUP

In July 2024, our walkers braved the rain to walk in Sir Thomas & Lady Dixon Park. *The Summer Rose Fair* was on and our coffee break was enjoyed accompanied by the sound of the 'String Ninjas', a dynamic local instrumental duo. Even though the weather was unseasonal, to say the least, families also made the most of the events, displays and stalls.

UPCOMING WALKS -

SATURDAY 21 SEPTEMBER STORMONT ESTATE

SATURDAY 19 OCTOBER HILLSBOROUGH FOREST PARK

Our walks are open to all- to church members, friends and relatives and anyone else who would like to join us.

Under 18s must be accompanied by an adult.

Please note that all walkers take part at their own risk.

All walkers must ensure that they are fit and healthy enough to undertake the walk they are attending.

All walkers are advised to exercise due caution and to wear suitable walking shoes/boots and outdoor clothing.

On the walk:

A register will be taken at the start of the walk of all participants.

Walkers must follow all safety advice given by the walk leader.

For all walks we meet in the church car park at 10am – unless otherwise arranged. For information and updates on 'Pew News' or check out <https://stmoluasonline.com/walking-group/>



Ladies Guild

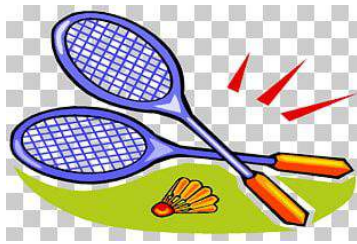
Another season begins on the 26th September with the opening service followed by tea/coffee with a sweet treat. It would be wonderful to see a 'full house' to hear about the upcoming speakers and activities..

2.30pm-4pm. Why not make it a date?

Dundonald Arts Club

Artists and aspiring artists meet on the first and third Wednesdays, September to May at 7.30pm.

New members are always welcome.



The Badminton Club

meet on Tuesdays, September to June at 7.30pm.

The club has been going from strength to strength but there's always room for additional players- don't be shy, you won't regret it! Starting back 10th September. Everyone Welcome!

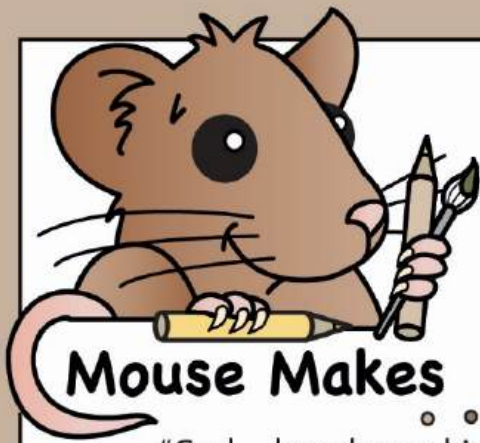
Craft & Chat

Our craft & Chat group will be starting again on Wednesday 18th September, 2.30-4pm in the Minor Hall. We hope to see everyone back and ready to get crafting again. Anyone who wants to join us will be warmly welcomed with a cup of tea/coffee and an opportunity to chat. Our dedicated team of crafters never really let their creative hands take a break over the summer. There's always a work in progress- something on the horizon to reach for- charity knits, craft stall sales and church displays...watch this space!

(See photo page)

Men@10 is a group of men who meet twice a month, 10am-12 noon on the first and third Tuesdays of the month in the parish hall. It's a time of fun and fellowship, why not come along? Starting back 17th September-you will be very welcome. (See photo page)





Mouse Makes

HARVEST THANKSGIVING

"May the peoples
 _____ you, O God!
 May all the peoples praise you!
 The land yields its harvest;
 God, our God blesses us."
Psalm 67:5-6 NIV

"God ... has shown kindness by
 giving you rain from heaven
 and crops in their seasons.
 He provides you with
 plenty of _____. He fills
 your hearts with joy."
Acts 14:16-17 NIV

"Let us fear and respect
 the Lord our God.
 He gives us autumn and
 spring _____
 at the right time.
 He makes sure that we
 have the harvest at
 just the right time."
Jeremiah 5:24 ERV

"Honour the Lord with your wealth
 and the first part of your harvest."
Proverbs 3:9 ERV

O A G A T H E R A I N S
 S V O G M A U T U M N P
 O G D O P R O D U C E R
 I H J O Y V S H A R E I
 L A N D H E P R A Y D N
 T H A N K S G I V I N G
 Y P F E R T I L E E P S
 B L E S S E D D E L R W
 S E A S O N F O O D A A
 U N R E W K I F R U I T
 N T T E N S C R O P S E
 N Y H D P R O V I D E R

HARVEST • THANKSGIVING • LAND • EARTH • FERTILE • SOIL • SEED • SOWN
 NEED • WATER • SUN • SEASON • AUTUMN • SPRING • YIELD • PRODUCE
 FRUIT • GATHER • CROPS • PLENTY • PRAY • GOD • PROVIDE • JOY
 BLESSED • GOODNESS • SHARE

Find the words from the questions too!

CHRISTMAS COFFEE MORNING



**Saturday 30th November
10am – 12noon**

ST MOLUA'S CHURCH HALL
Admission: Adults £5 Children £1
includes tea/coffee, scones
& traybakes



Proceeds In Aid of Parish Funds
Registered with The Charities Commission for
Northern Ireland NIC102374

NOTICES

From the Registers: *Our sorrows;*

Christian Funeral: 19th July 2024 Kenneth David Turner



SUNDAY COFFEE ROTA

SEPTEMBER 1st	IRIS McKINLEY & AUDREY FAULKNER
SEPTEMBER 8th	FRANCES HASTIE & DOROTHY McLEAN
SEPTEMBER 15th	SYLVIA CLARKE & STELLA BELL
SEPTEMBER 22nd	DAVID WATKINS & VALERIE WATKINS
SEPTEMBER 29th	AUDREY HEALEY & MARGARET TURNER
OCTOBER 6th	LYNN McCANCE & DOROTHY McLEAN
OCTOBER 13th	WINNIE HILL & DENIS HILL
OCTOBER 20th	HEATHER LOUGHRIDGE & JEAN HILL
OCTOBER 27th	MARGARET JACKSON & JOAN CASSIDY
NOVEMBER 3rd	ALICE MILLS & GRACE BLEMINGS
NOVEMBER 10th	DAVID BLEMINGS & DES LOUGHRIDGE
NOVEMBER 17th	EDWINA TESTER & ELIZABETH MILLIGAN
NOVEMBER 24th	AUDREY FAULKNER & IRIS McKINLEY
DECEMBER 1st	DOROTHY McLEAN & FRANCES HASTIE
DECEMBER 8th	STELLA BELL & SYLVIA CLARKE

The Big Church Read

Would you be interested in joining us for a *NEW* reading group? We will shortly be taking part in the 'The Big Church Read' where books are provided and we come together to discuss each chapter. There is no charge and we will also enjoy coffee/tea.

Deadline for copy for next edition: Sunday 10th November 2024



Busy hands, great company and delicious food- that's what St. Molua's Church is all about.

HARVEST SUPPER

Scottish
CEILIDH



FRIDAY 27TH SEPTEMBER 2024
FROM 7.30PM

ST MOLUA'S CHURCH HALL, BELFAST
TICKETS: ADULTS £10 / CHILDREN FREE

REGISTERED WITH THE CHARITY COMMISSION FOR NORTHERN IRELAND NIC102374
ALL PROCEEDS TO PARISH FUNDS