

# CONTACT



**ST MOLUA'S**

PARISH OF STORMONT

[stmoluasonline.com](http://stmoluasonline.com)

SUMMER 2025



*Church in the community*

*Matt 5:14,16, Acts 2: 11-47, Phil 2:3-5*

# Church Services

## Sundays

@ 10.30am Morning Worship

Children leave church for our Sunday Kids Club, **J.A.M.** (Jesus and Me)

For all service details, see weekly  
Pew News sheet

@ 6.30pm Cafe Church (except 2nd Sundays - Messy Church)

## Wednesdays

@ 10.30am Holy Communion  
(BCP Order One)

Keep up to date with our website:

**[stmoluasonline.com](http://stmoluasonline.com)**

Sunday morning services are also broadcast live on Facebook, and will be uploaded later in the day to our website.



During the vacancy  
**details of Clergy  
providing pastoral  
cover will be on the  
Parish Office  
answerphone.**

## CONTACT DETAILS

Church Office:

**028 9041 9171**

Parish office open  
Wednesdays from  
10am-12noon (during  
term time)

St Molua's Church,  
645 Upper Newtownards Road,  
Belfast BT4 3LR

[stormont@down.anglican.org](mailto:stormont@down.anglican.org)

## Select Vestry 2025/26

**Sharon Beck** (Rector's Churchwarden, Gift Aid Secretary and Data Controller)

**David Blemings** (Rector's Glebewarden)

**Grace Blemings** (Hon. Treasurer)

**Sylvia Clarke**

**Frances Hastie** (Asst. Secretary)

**Malcolm Stanley** (People's Glebewarden)

**Denis Hill**

**Jean Hill** (People's Churchwarden)

**Margaret Jackson**

**Heather Loughridge**

**Caroline McCartney**

**Helen Poots**

**Andrew Poots**

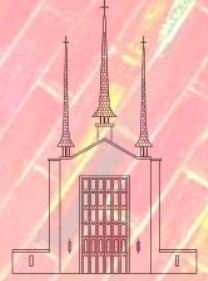
**Edwina Tester**

**David Watkins** (Hon. Secretary)

**Valerie Watkins**

# What's on

During term-time



**ST MOLUA'S**

PARISH OF STORMONT

## **Sunday**

**10.30am Morning Worship (with J.A.M.)**

**4-6pm Messy Church (2nd week each month)**

**6.30pm Cafe Church (weekly, except 2nd week)**

## **Monday**

**10am Little Angels Toddler Group**

**2.30-3.30pm St. Molua's Book Club (1st Monthly)**

**6pm Zumba with Gill**

## **Tuesday**

**10am Men@10 (1st & 3rd week)**

**7.30pm Badminton**

**7.30pm Parish Prayer Time (3rd week)**

**8pm Healing Service (1st week)**

## **Wednesday**

**10.30am Holy Communion**

**2.30pm Craft & Chat (1st & 3rd week)**

**7.30pm Stormont Community Choir**

**7.30pm Dundonald Arts Club (1st & 3rd week)**

## **Thursday**

**2.30pm Ladies Guild (2nd & 4th week)**

**7pm Zumba with Gill**

## **Saturday**

**10am Sole Mates Walking Group (3rd week)**

For more information see: [stmoluasonline.com](http://stmoluasonline.com)

# Update From Tullycarnet Church



It has been a busy season in the life of our Church Plant with continued steady growth in attendance on Sunday mornings. This term we have focused particularly on small group Bible studies, and praying as a Church for our community.

Since starting our Church 3 and a half years ago, we have really invested in small groups to disciple new Christians, to give our members confidence in studying Scripture for themselves, and to provide an environment where members can be prayed for, and pastoral care given. This term, we have three groups meeting – one in our Church offices, one in a member's home, and one very kindly hosted in St. Molua's.

We also recently ran a week of prayer and fasting, bringing all three of our small groups together to pray for Tullycarnet, Ardcar, for local mission as well as cross-cultural mission. This was a really encouraging week, and it was especially encouraging to see new Christians praying out loud for the first time. *Matthew.*

A business card for Tullycarnet Church. The card has a black background. On the left, there is a white square containing the church's logo, which consists of two overlapping circles, one black and one yellow. Below the logo, the text "TULLYCARNET CHURCH" is written in a bold, sans-serif font. To the right of the logo, the name "MATTHEW GAULT" is printed in a large, white, sans-serif font. Below the name, the text "Church Plant Leader - Church of Ireland" is written in a smaller, white, sans-serif font. Further down, the phone number "07828694812", the email address "Tullycarnetchurch@icloud.com", and the website "www.tullycarnetchurch.com" are listed in a white, sans-serif font. At the bottom right of the card, there are two social media icons: a blue Facebook 'f' icon and a colorful Instagram camera icon.



“We are delighted to announce that the task of finding a new minister for the Parish of St Molua, Stormont, has reached a conclusion.

The Bishop would like to thank the Parochial Nominators for all their hard work throughout this process.

Following a recent meeting with the Select Vestry and then further work by the Parochial Nominators the Bishop and the Archdeacon, a Church Army officer, **Laurence Bellew**, has been appointed as Minister-in-Charge for the Parish.

Laurence is currently the Youth and Community Pastor in HOPE Church Craigavon, Dromore Diocese, and will shortly be commissioned as a Church Army Evangelist.



A service of introduction will take place on a date to be set during the second half of August.

Please pray for Laurence, his wife Millie and infant son Daniel, as they prepare for this new phase of ministry for them and for the parish of Stormont”.





# St Molua's Book Club



Monday 2nd June at 2.30 to talk about  
**The Book of Beginnings by Sally Page**



**MindMatters COI**

- Reducing Stigma
- Promoting Connections
- Clergy Training and Supports
- Mental Health and Faith

This Project is supported by MindMatters Church of Ireland.

To find out more about the Book Club see [www.stmoluasonline.com](http://www.stmoluasonline.com) or leave a message for us on the Parish office phone 028 9041 9171

**Parish of Stormont - St Molua's Church  
& The Church's Ministry of Healing**

# Healing Service

**1st Tuesday of each month  
at 8pm**

*Come for yourself or for others ~ Everyone welcome*



## Book Matters

St Molua's Book Club is nearing the end of its first year! Seven of us have met each month, discussing a variety of books, sharing thoughts and opinions with each other, and with you, in Contact magazine. Our Lenten book, *The Whole Easter Story*, was challenging, thought provoking and encouraging. The Easter read, *Women of Holy Week*, was also shared during our Holy Week services and is currently available, free, as a podcast, produced by the Church of England and read by the author.

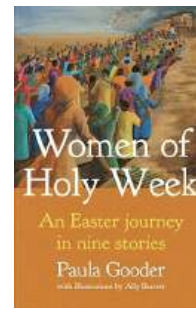
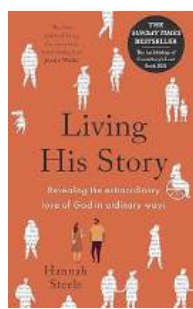
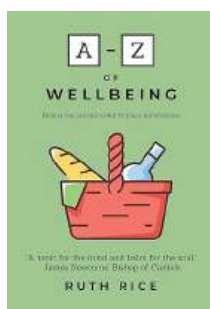
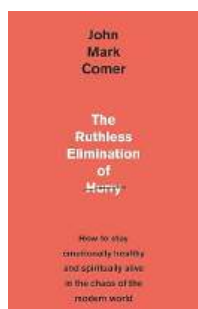
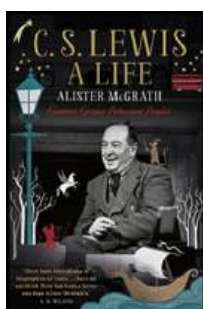
If you have seen Book Club publicity, lifted a bookmark, or simply love reading, please consider joining us next year to help choose our good reads and enjoy each other's company. Sharing good conversation and developing relationships has been an important part of the year's journey.

Each month now at the All Ages Together service a book table displays copies of our books, along with other new additions to the Parish Library. Please do come to browse and borrow! And we have begun a small collection of picture books for the children to use at Jam and to borrow.



We are enormously grateful for the generous grant given to us by the Mind Matters Initiative of the Church of Ireland which has enabled us to begin our Book Club adventure and to help develop our Library. Thank you!

And finally: just a few of the new additions to the Library. Thanks to those who generously donate to the collection for all to enjoy. VW



Come &  
Join us!



4pm-6pm at

St Molua's, Stormont &  
Stormont Presbyterian

Next Session: 08.06.25

@ Stormont Presbyterian

fun - food - games - stories - craft - celebration  
for all the family - an opportunity for people of  
all ages to worship together

Everyone Welcome! (all children must be  
accompanied by an adult) Check out the  
UK website at [messychurch.org.uk](http://messychurch.org.uk)



## PRAYERS

*Creator God  
who breathed this*

*world into being,  
who is discernible within the  
harmony of nature, the  
perfection of a butterfly's wing,  
the grandeur of a mountain  
range, the soaring eagle and  
humming bird.*

*Thank you for this world which  
you have created.*

*Thank you for summer  
sun, which reminds us  
that your creative  
breath is still alive and  
active.*



*Thank you for the warmth of  
your love, sustaining this world,  
your garden.*

*That we can glimpse you within  
creation is a beautiful thought,  
but also tells us that you desire  
to be seen, to be found and  
known.*

*Open our eyes, Lord,  
as we walk through this world,  
feel the wind and sunshine,  
see the majesty of creation  
unfolding before our eyes.  
Help us to see you.*

**J. Birch [faithandworship.com](http://faithandworship.com)**

*Lord, through your power all  
things were made, through your  
wisdom all things are governed.  
Through your grace all things  
are sustained.*

*Give us power to serve you,  
wisdom to discern your laws,  
and grace to obey those at all  
times.*

**(Edmund of Abingdon,  
c 1180-1240)**

*'Lord, purge our eyes to see,  
within the seed a tree, Within  
the glowing egg a bird,  
within the shroud a  
butterfly. Til, taught by  
such, we see beyond all  
creatures, thee.'* **Christina  
Rossetti (1830-1894)**

*The heavens declare the glory  
of God; the skies proclaim the  
work of his hands.*

*Day after day they pour forth  
speech; night after night they  
display knowledge.*

*There is no speech or language  
where their voice is not heard.  
Their voice goes out into all the  
earth, their  
words to  
the ends of  
the world.*



**Psalm 19**

## **WAYS FOR YOU TO SERVE**

We are so blessed to have a wonderful team of volunteers behind the scenes each week who help our church to run smoothly. If you are not currently serving your church, even in a small capacity, one thing you most certainly can do is **PRAY**. Could you please pray for the church, and to seek guidance through prayer if the Lord may be suggesting other ways for you to get involved.

Some of the following ministries are self explanatory, but if you need some clarification - don't be afraid to ask!

### **Children's Ministry**

Could you go onto our rota? What better investment could there possibly be than giving time to nurture the faith of the rising generation within our church? [Training and Safeguarding training will be given.]

### **Pastoral Care**

Could you be a pastoral visitor? So many of our elderly parishioners are no longer able to get out to church, but how lovely it would be if 'church' was to come to them. [Training will be given.]

### **AV/Technology Team**

We would love if you joined in so that our screens could be used to their full potential, and that hymns, songs and liturgy be projected each week. Are you available to help with this?

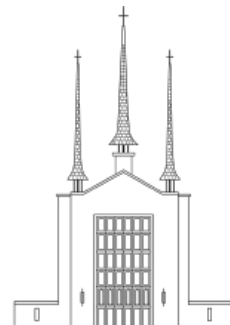
**Music & Choir** - Whilst our church choir is small in number, we are so blessed by them and through them. Do you sing?

Play an instrument? Could you offer your services to our worship team?

- Parish Office
- Church Magazine
- Grounds Maintenance - Cleaning
- Hospitality & Catering

This is not an exhaustive list!

Are there areas of ministry or mission in this church that God has placed on your heart and may be calling you to? ***Pray - listen - be willing to act.***

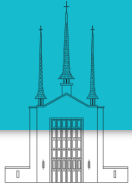


**ST MOLUA'S**

PARISH OF STORMONT

# Little Angels

Toddler Group



**ST MOLUA'S**  
PARISH OF STORMONT



**FUN**

**CRAFTS**

**PLAY**

**SNACKS**

**£1 PER ADULT**

**CHILDREN FREE**

**EVERYONE**

**WELCOME**

# MONDAYS

**DURING TERM-TIME @10am**

THIS HAS BEEN THE SECOND SUCCESSFUL YEAR WE HAVE WELCOMED TO OUR CHURCH HALL HAPPY LITTLE TOTS AND THEIR CARERS. THERE ARE A WIDE VARIETY OF AGE-APPROPRIATE TOYS, GAMES AND ACTIVITIES AVAILABLE, TOGETHER WITH AN OPTIONAL CRAFT ACTIVITY. ADULTS & CHILDREN ALIKE ALSO ENJOY A SING SONG WITH HEATHER & STELLA. SHARON & VALERIE HAVE BEEN PROVIDING REFRESHMENTS. THANK YOU, LADIES, FOR YOUR SERVICE.



10th May 2025



Our **Ladies Guild** have been out and about as their 2025 Summer Outing took them to Comber, Co. Down where First Comber Presbyterian Church are celebrating 380 years of Christian Life and Witness. To mark this occasion, they recently held a Flower Festival with the theme “Be Still and Know that I am God”.



Wonderful pieces of floral art, created by The Northern Ireland Group of Flower Arrangement Societies (NIGFAS), were on display and visitors were also able to enjoy tasty meals and refreshments.

Thanks are due to the Elders, Committee Members and Congregation of First Comber for opening this event, marking a very proud and monumental occasion in the life of their Church, to the local community and beyond.



Our **Men@10** group were out on their travels again recently when they visited the beautiful village of Gracehill in Co. Antrim.

We were delighted to be joined on this occasion by quite a few ladies and were given a warm welcome by our guide Derek who led us around the various buildings and grounds of this UNESCO World Heritage Site. The



village was originally established by Moravian settlers in 1759.

<https://gracehillvillage.org>

Thank you to Des for organising the trip, to Derek for his welcome and encyclopaedic knowledge, and to our hosts in the Millside Restaurant, housed in the old Gracehill School, for their hospitality after our tour





Dundonald foodbank is part of The Trussell Trust's network of 428 food banks across the UK which provide emergency food to people in crisis and which work to tackle food poverty and hunger in local communities.

Along with other churches in the area, St Molua's acts as a collection point for parishioners and friends to donate non-perishable foodstuff and basic household necessities which are then taken to the food bank in nearby Dundonald village. At his time of increasing financial difficulties for many in our community, the Foodbank would particularly welcome the following items:

**Tinned potatoes**

**Pasta**

**Tinned fruit**

**Washing powder**

Requirements last checked  
28th May 2025.

**Important:** St Molua's does not distribute donated food etc from the church buildings. It is only issued by a referral agency. Please contact the food bank direct if you require any further information.

Dundonald Foodbank  
971 Upper Newtownards Road  
Dundonald  
Belfast  
BT16 1RL

Website: [https://  
dundonald.foodbank.org.uk/](https://dundonald.foodbank.org.uk/)

Facebook: [https://  
www.facebook.com/  
dundonaldfoodbank](https://www.facebook.com/dundonaldfoodbank)

Telephone: 028 95435310

Email:  
[info@dundonald.foodbank.org.uk](mailto:info@dundonald.foodbank.org.uk)

All submissions for **CONTACT** magazine considered, please forward to the church office or Sylvia. Deadline for copy for next edition:  
Sunday 1<sup>st</sup> August 2025.



The community choir accepted an invitation to sing at the annual memorial service at the Ulster Hospital for staff who had passed away in the last year. This service is usually led by the hospital staff choir but unfortunately they have

not met this year; the bereavement coordinator saw the SCC poster on the church notice board and made contact.

The choir were asked to lead the hymn singing and sing two pieces. We sang Homeward Bound by Marta Keen (not to be confused with the Paul Simon setting) and Bridge over troubled water.

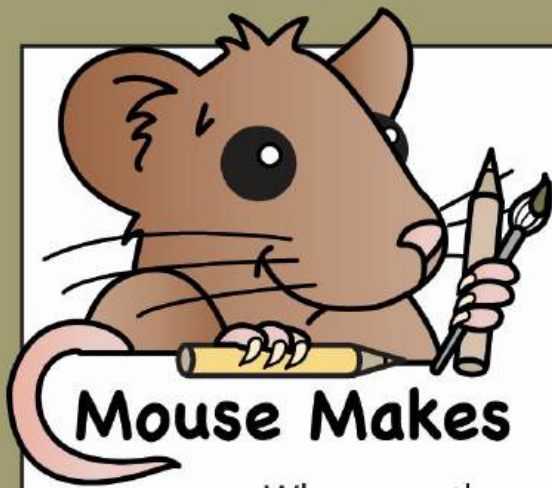
In Christ Alone and Be thou my vision were the hymns chosen for the service.

It was an honour to be invited to participate in

this very moving service which paid tribute to the doctors, nurses and support staff at the hospital. There were around 100 family members and colleagues in attendance.

*Audrey Gillian.*





# Mouse Makes

## MIRACLES OF PETER



At which temple gate did the crippled man lay?

-----  
*Acts 3:1-10*

Who were the man and wife who lied to God?

-----  
and  
-----

*Acts 5:1-11*

People carried the sick into the streets so that when Peter came by at least his

-----  
might fall on them.

*Acts 5:12-16*

How long had Aeneas been paralysed for?

----- years

*Acts 9:32-35*

Where had Tabitha's body been laid? in the -----

*Acts 9:36-42*

E	L	P	R	A	I	S	I	N	G	M	H
B	E	A	U	T	I	F	U	L	M	I	T
S	A	R	W	S	A	P	P	H	I	R	A
A	P	A	C	R	I	P	P	L	E	A	B
N	I	L	W	O	N	D	E	R	S	C	I
A	N	Y	P	W	D	I	R	A	I	L	T
N	G	S	R	A	A	E	R	L	C	E	H
I	H	E	A	L	E	D	O	I	K	S	A
A	K	D	Y	K	N	F	O	V	I	L	L
S	K	P	E	T	E	R	M	E	D	E	B
L	I	E	D	L	A	M	E	I	G	H	T
G	S	I	G	N	S	S	H	A	D	O	W

After Jesus ascended into heaven, the Holy Spirit came upon the Apostles and Peter was able to perform many miracles in Jesus' name. **See the book of ACTS**

"And the word of God continued to increase, and the number of the disciples multiplied greatly."  
**Acts 6:7**



PETER • SIGNS • WONDERS • MIRACLES • HEALED  
CRIPPLE • LAME • WALK • LEAPING • PRAISING • LIED • DIED • SICK  
AENEAS • PARALISED • TABITHA • ILL • PRAYED • ALIVE

LAUGHTER  
LINES 😊

A Sunday School teacher invited her children to write a letter to God. They were to bring their letter back the following Sunday. One little boy wrote, "Dear God, we had a good time at church today. Wish You could have been there."

*Yesterday I dialled the Red Cross but got the HMRC in error. When the HMRC operator asked me what number I had meant to dial, I explained: "The Red Cross, you know, where they take people's blood." She said, "Well, you aren't too far off, are you?"*

A man walked into a church and approached the minister. "I need help. I think I'm addicted to Twitter-X." The minister looked at him, and said gently, "I'm so sorry, I don't follow you."



...and the theme of this morning's service is... 'Preaching a Gospel of Simplicity'...

*The Sunday School teacher was telling the story of how when Lot's wife looked back at Sodom and Gomorrah, she turned into a pillar of salt. One youngster nodded in a knowing fashion. "My mummy looked back once while she was driving," he confided, "and she turned into a lamp post."*

Some perks of getting old...  
There is nothing left to learn the hard way.  
Things you buy now won't wear out.  
You can eat supper at 4 pm.  
You get into heated arguments about pension plans.  
You can sing along with lift music.

Your eyes won't get much worse.  
Your secrets are safe with your friends - because they can't remember them either!



...between you and me, it's the only way I can remember my PIN number!

*My dentist is also our choir leader at church. He likes the hymn: "Crown Him With Many Crowns."*

# COFFEE ROTA JUNE-SEPT 2025



June 1st	Valerie Watkins	David Watkins
8th	Denis Hill	Winnie Hill
15th	Jean Hill	Heather Loughridge
22th	Joan Cassidy	Margaret Jackson
29th	Grace Blemings	Frances Hastie
July 6th	Des Loughridge	David Blemings
13th	Alice Mills	Dorothy McLean
20th	Heather Loughridge	Jean Hill
27th	Gerry Hull	Edwina Tester
Aug 3rd	Sylvia Clarke	Stella Bell
10th	David Watkins	Valerie Watkins
17th	Audrey Healey	Margaret Turner
24th	Winnie Hill	Denis Hill
31st	Margaret Jackson	Joan Cassidy
Sept 7th	Frances Hastie	Grace Blemings
14th	David Blemings	Des Loughridge
21st	Jean Hill	Heather Loughridge
28th	Dorothy McLean	Alice Mills

I'm very grateful for your willingness to help with Sunday coffee. If you are unable to do your allotted Sunday then please try to organise a swap – if not then contact Frances on 07968740467

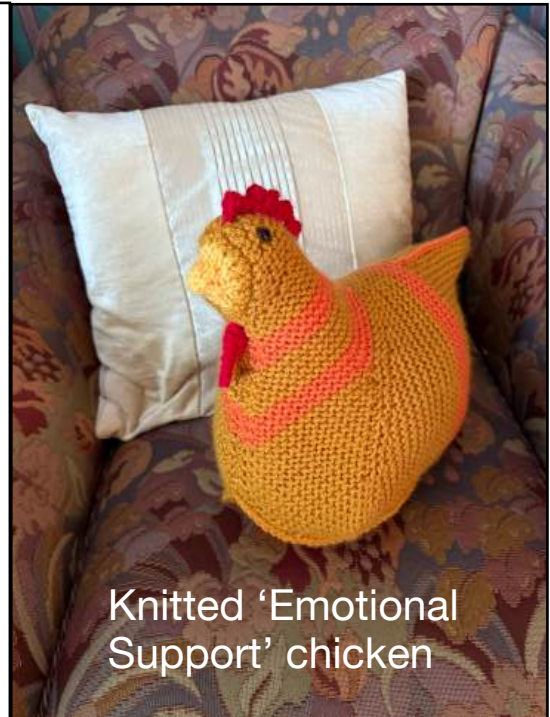
# NOTICES

## From the Registers: *Our sorrows;*

Christian Funeral: 20th March 2025 Agnes Thompson



**Craft & Chat** Consistently, our crafters produce lovely gifts for charities near and far. The group is open to all who enjoy creating. If you would like bring along a craft or drop in for coffee and chat you would be more than welcome. We meet on the 1st & 3rd Wednesday each month at 2.30pm during term-time. If you are interested in attending this group at another time, ie evenings or weekends, please do contact Sylvia - if there are enough people interested, we see what we can do.



Knitted 'Emotional Support' chicken

## ST MOLUA'S BADMINTON CLUB

Tuesday evenings @ 7.30pm  
in the Hamilton Hall

*new members are always welcome*



DUNDONALD ARTS CLUB meet in the Hamilton Hall from September to May at

7.30pm on the 1st and 3rd Wednesdays of the month and

occasional Saturday.

<https://www.facebook.com/people/Dundonald-Arts-Club/100004345909032>





## ST MOLUA'S WALKING GROUP

For our 'Sole Mates' walking group's first outing of 2025 we were delighted to have a personal guided tour of the beautiful and historic church of St Nicholas in Carrickfergus, Co Antrim on Saturday 15th March.



Thank you so much to Revd Chris, and to Julie, for your welcome and time – we will certainly be recommending a visit to St Nicholas' to our fellow parishioners, families and friends.

The weather could not have been better for our 'Sole Mates' walking group's latest outing on Saturday 17 May when we visited Delamont Country Park on the shores of Strangford Lough.

Brilliant sunshine was tempered by a gentle breeze as we strolled around this beautiful part of County Down with magnificent views across the lough and, further afield, to the Mountains of Mourne in the misty distance.

Fellowship continued after our walk as we adjourned to the café at Finnebrogue Woods, near Downpatrick, for a very enjoyable lunch.



**All are welcome**, you do not need to be a member of St Molua's to join us - check out [stmoluasonline.com/walking-group/](http://stmoluasonline.com/walking-group/) for more information and updates.

### **Upcoming walks-**

**Saturday 21 JUNE,**

**TITANIC**

**Saturday 19 JULY**

**WHITEHEAD**

**SATURDAY 16 AUGUST**

**CAVEHILL**

**SATURDAY 20 SEPTEMBER**

**JORDANSTOWN**

**SATURDAY 18 OCTOBER**

**HILLSBOROUGH**

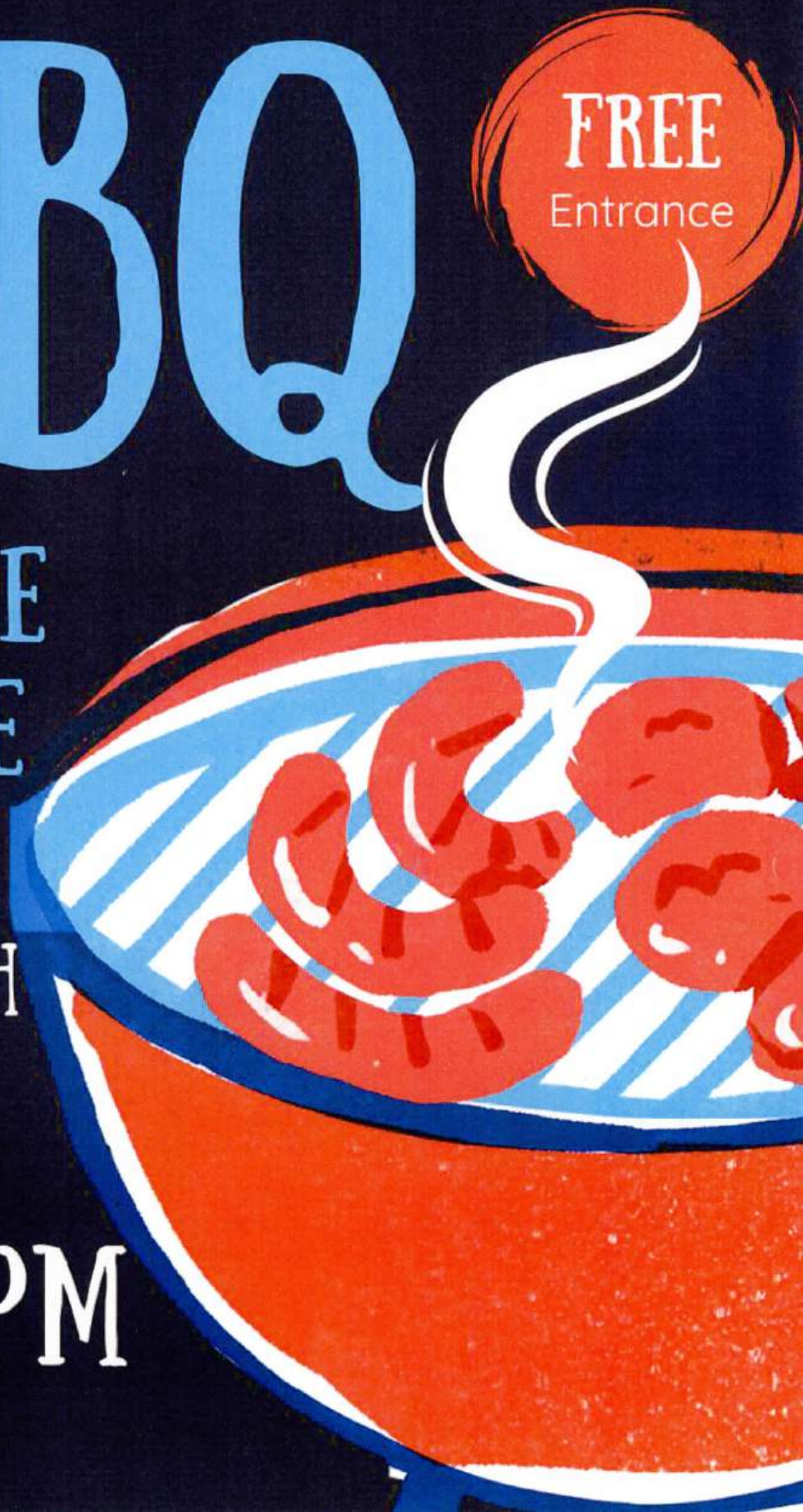
ST. MOLUA'S DAY

BBOQ

FREE  
Entrance

EVERYONE  
WELCOME

SAT 7<sup>TH</sup>  
JUNE  
2PM-4PM



**STORMONT COMMUNITY CHOIR  
PRESENTS**

**A GRAND NIGHT  
FOR SINGING WITH**

**THE  
LADY  
SOPHISTES**

**& MELISSA MURRAY**

**FRIDAY 20TH JUNE 2025**

**IN ST MOLUA'S CHURCH AT 7.30PM**

**ALL PROCEEDS TO PARISH FUNDS**

**TICKETS £10.00 / PAY AT THE DOOR**

REGISTERED WITH THE CHARITY COMMISSION FOR NORTHERN IRELAND NIC102374